ACSM EDUCATIONAL OPPORTUNITIES, MEETINGS, AND PROVIDERS

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ACSM OPPORTUNITIES

Date	Event	Location	Contact
March 6–9, 2025	IDEA & ACSM Health & Fitness Summit	Denver, CO	https://www.acsm.org/acsm-summit-home/idea-acsm-healthfitness-summit
April 3–5, 2025	Northland Chapter Annual Meeting	Mankato, MN	https://www.acsm.org/membership/regional-chapters/acsmchapters/northland
May 27–30, 2025	ACSM's Annual Meeting	Atlanta, GA	https://www.acsm.org/annual-meeting/annual-home

ACSM Certification workshops

Resources for ACSM Certification Exam Preparation	Link
ACSM Group Exercise Instructor	https://www.acsm.org/certification/get-certified/group-exercise-instructor
ACSM Personal Trainer	https://www.acsm.org/certification/get-certified/personal-trainer
ACSM Exercise Physiologist	https://www.acsm.org/certification/get-certified/exercise-physiologist
ACSM Clinical Exercise Physiologist	https://www.acsm.org/certification/get-certified/clinical-exercise-physiologist

Apply to Become an ACSM Approved Provider!

ACSM Approved Providers are reviewed and approved entities that can offer ACSM continuing education credits for any program, meeting, conference, workshop, or home study opportunity for a 3-year period. For more information or to apply to become an ACSM Approved Provider visit https://www.acsm.org/learn-develop-professionally/approved-providers.

The following are ACSM Approved providers:

4th Trimester Fitness® Method	www.4thTrimesterFitness.com
Academy of Sports Nutrition and Dietetics*	https:/eatrightfnce.org
Academy of Sports Nutrition LTD	https://academyofsportsnutrition.com
Aimee Nicotera Fitness LLC	www.e5collective.com
Alaska ACSM Regional Chapter	www.alaskaacsm.org
American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)	www.aacvpr.org
American Council on Exercise*	www.acefitness.org
Annie Miller Concepts	https://anniemiller.co/pure-programming
Athletic Business Media	www.abshow.com
Athletic Trainer 360	www.athletictrainer360.com
Balanced Body*	https://pilatesontourindia.com/
Barbell Rehab*	www.barbellrehab.com
BC Athletics	https://bretcontrerasacademy.com/
Beacon Health & Fitness	https://fitness.beaconhealthsystem.org/
Brookbush Institute of Human Movement Science*	brentbrookbush.com
Central States ACSM Regional Chapter	www.centralstatesacsm.org
Clinical Exercise Physiology Association (CEPA)	www.acsm-cepa.org
Discover Strength*	https://www.discoverstrength.com/
Dr. Sears Wellness Institute	www.drsearswellnessinstitute.org
Educational Fitness Solutions, Inc.	student.edfit.com
Evidence for Exercise*	www.evidenceforexercise.org
Exercise Etc.*	www.exerciseetc.com
Exercise Medicine International – Evidence-based Tai Chi and Qigong Health Programs	http://www.exercisemedicineinternational.org/
Exercise Science Academy*	www.exercisescienceacademy.com
EXOS*	www.teamexos.com
Experiential Community of Exercise and Practice	www.ecep.edu.co
FitFixNow	www.fitfixnow.com/acsm
Fit For Birth, Inc.*	www.GetFitForBirth.com

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The following are ACSM Approved providers: *(Continued)*

Fitness Business Association*	https://www.fbasucceed.com/
Fitness Law Academy, LLC*	https://www.fitnesslawacademy.com/
Fitness Pioneers	https://fitnesspioneers.net
Functional Aging Institute*	www.faieducation.com
Functional Movement Systems, Inc.	www.functionalmovement.com
Gatorade Sports Science Institute	www.gssiweb.com
Girls Gone Strong	https://www.girlsgonestrong.com/
Greater New York ACSM Regional Chapter	www.acsmgreaterny.org
Gym Boom, LLC	https://behavior-change.teachable.com/p/home
Healthy-Steps/Lebed Method (BEC, LLC)	https://www.gohealthysteps.com/
Human Kinetics	https://us.humankinetics.com/collections/continuing-education
IDEA	www.ideafit.com
Inspire Fitness Academy	www.inspire.edu.lb
Integrated Health Sciences	https://ihealthsciences.com/courses
Integrative Health and Exercise Science Institute, Well-being Chinese Medical Clinic	No Web site
International Association of Worksite Health Promotion	www.iawhp.org
International Council on Active Aging*	www.icaa.cc/
International Society of Sports Nutrition (ISSN)*	www.sportsnutritionsociety.org
Intrinsic Solutions, International*	https://isintl.com/
Ioannis G. Fatouros—Lifelong Learning Courses, University of Thessaly	https://learning.uth.gr/exercise_activity/
Japan Fitness Association*	www.jafanet.jp
Keiser*	https://education.keiser.com/store
KJO Coaching	http://www.kjocoaching.com/hmccwaitlist
Kryo, Inc.	https://sleep.me/sleep-coach-course
Life Fitness	www.lifefitness.com
MASS*	https://massresearchreview.com/
Matrix Fitness*	www.matrixfitness.com
Mayo Clinic Healthy Living Program	https://healthyliving.mayoclinic.org/
MedEx Asia Co., Ltd.	https://medextaiwan.com/
Medical Fitness Association	www.medicalfitness.org
MGC Diagnostics*	www.mgcdiagnostics.com
Michigan Fitness Association*	https://mfafit.org/
Mid-Atlantic ACSM Regional Chapter	www.marcacsm.org
Midwest ACSM Regional Chapter	www.mwacsm.org
Movement Health 360, Inc.	https://www.movementhealth360.com/
Myzone	https://www.myzone.org/
National Cattlemen's Beef	https://www.beefitswhatsfordinner.com/
National Society of Health Coaches	www.nshcoa.com
National Wellness Institute	www.nationalwellness.org
New England ACSM Regional Chapter	www.neacsm.org
New Territories West Cluster Rehabilitation Centre, Tuen Mun Hospital	No Web site
Northeast Ohio Medical University (NEOMED)*	https://www.neomed.edu/
Northland ACSM Regional Chapter	www.northlandacsm.org
Northwest ACSM Regional Chapter	www.acsmnorthwest.org
OhioHealth*	https://ohiohealth.cloud-cme.com/course/search?P=4000&search=ACSM
OptimizeMe Nutrition, LLC*	https://optimizemenutrition.com/nutrition-coach-program/
Orangetheory Fitness*	www.orangetheory.com (internal learning management software)
Parkinson Wellness Recovery	https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwrinstructor-workshops/

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The following are ACSM Approved providers: *(Continued)*

Personal Trainers 360	https://www.personaltrainers360.com/
PNOE	www.mypnoe.com/academy/
Precision Health Alliance	https://precisionhealthalliance.org/course-pha-level-1/
Precision Nutrition*	www.precisionnutrition.com
Prehab 121 Academy	www.prehab121.com/courses
PROnatal Fitness	www.pronatalfitness.com
PURE International*	https://www.pure-fitness.com/hongkong
RAD Roller	www.radroller.com
Real Balance Global Wellness Services LLC	www.realbalance.com
Relias LLC	https://reliasacademy.com/rls/store/browse
Resync Your Body, LLC*	https://resyncyourbody.com/
Road Runners Club of America	No Web site
Rocktape	www.rocktape.com
Rocky Mountain ACSM Regional Chapter	www.rmacsm.org
Run DNA*	www.certifiedrunninggaitanalyst.com
Salt Lake Community College	www.slcc.edu
Science Play	www.scienceplay.com.br
SilverSneakers By Tivity Health	https://instructor.tivityhealth.com/
Southeast ACSM Regional Chapter	www.seacsm.org
Southwest ACSM Regional Chapter	www.swacsm.org
Sports Concepts LLC/Tyger Mat	https://tygermat.com
Sports Endure IQ Ltd	https://www.endureiq.com/courses
Sports Nutrition Association	https://www.sportsnutritionassociation.com/
Sports Performance Institute	www.spifitness.com
Stealth Institution	https://www.stealthinst.com/
STSims Consultants (Dr. Stacy Sims)*	https://www.drstacysims.com/menopause
Tai Chi for Health Institute	www.taichiforhealthinstitute.org
Technogym	https://www.technogym.com/en-US/
Texas ACSM Regional Chapter	www.tacsm.org
Tune Up Fitness	www.tuneupfitness.com
Two-Brain Business*	https://twobrainbusiness.com/ramp-up-program/
Urban Polling*	https://urbanpoling.com/
Valemee Fitness	www.valemee.com
Vida Forte Nutrients*	https://science.vitafor.com.br/en
Wellcoaches Corporation	www.wellcoachesschool.com
Wolf Moon Wellness	https://wolfmoonwellness.com/take-a-course//

*Only specific course(s) approved.

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